

BOTOX/DYSPORT POST-TREATMENT INSTRUCTIONS

1. Immediately after the procedure you will have slight redness and swelling in the injection areas. They may look like mosquito bites. Apply ice packs to the area for 10-15 minutes to alleviate this rapidly. You can cover up any areas with make-up immediately.
 2. Do not recline or lie down for 2 hours.
 3. Do not manipulate the skin (rubbing or pressing on the area) excessively for 4 hours.
 4. Work the treated muscles (frowning, raising forehead or squinting eyes) off and on for the first hour after treatment.
 5. Do not perform excessive exercise (aerobics, weight lifting, etc) until the next morning.-- no exercise that requires bending over.
 6. No aspirin or ibuprofen the evening of the procedure (to minimize bruising). If you develop a headache after your treatment, you can take Tylenol (acetaminophen).
 7. Some patients develop slight bruising after the procedure. This can be covered with makeup immediately.
 8. You should notice results from the Botox injections within 3 to 4 days, but it takes up to 2 weeks to see the optimal result. It is very important to follow-up at your scheduled 2 week appointment so that Dr. Brown can evaluate your results. Dysport results appear in 1-3 days, and may take up to 1 week to see the optimal result.
 9. Botox/Dysport typically lasts 3-5 months, although certain patients may sometimes have longer or shorter lasting results. For optimal results, it is recommended that you repeat your injections every 3-4 months for the first year and 3 times a year thereafter. After several continual treatments, you will notice that your resting wrinkles are less evident. Sporadic Botox/Dysport treatments (every year or two) will not be as effective in treating the resting lines.
- If you have any questions or concerns, please call our office at 832-871-4111.

WANT TO SAVE MORE MONEY ON YOUR BOTOX / DYSPORT?

We offer 10% off your next Botox/Dysport treatment for each new patient you refer who receives Botox/Dysport. If you refer 5 patients, you get 50% off your next treatment! Just have your friends mention your name when they come in, or better yet, bring them with you for your next appointment!

