

ALEXANDRITE LASER TREATMENT FOR BROWN SPOTS

- Our office uses the Candela GentleMax Pro Alexandrite laser to remove sun spots, age spots, liver spots, or freckles of the skin. Laser is NOT a good option for actual moles (darker or raised brown spots), barnacles/seborrheic keratosis (raised or crusty brown spots), or melasma/pregnancy mask (larger brown patches typically on the face).
- We perform this laser procedure on specific days in the office. **When you are ready to schedule an appointment, please tell the front desk that you need to set up the Alexandrite laser session for brown spots.** The treatment session typically takes up to 20 minutes and is performed by a highly experienced laser technician who has worked with our office for many years. Pricing varies depending on the treatment area. Typical prices are:

Small area	\$150-200	Hands	\$200
Lower arms and hands	\$400	Full arms and hands	\$500
Chest and neck	\$400	Chest	\$300
Face	\$300	Shoulders	\$300
Upper Back	\$300	Lower legs	\$400
Full legs	\$600		
- Pretreatment: It is extremely important that you avoid sun exposure or tanning in the treatment area for 4 weeks prior. Otherwise, there is risk of blisters, burning and/or discoloration of the skin. It is also important that you avoid sun exposure and wear good sunscreen for 4 more weeks after your treatment while the skin is healing.
- You may feel some discomfort with this laser each time it pulses, similar to a rubber band popping the skin. If you are concerned about possible pain, we recommend taking 2 Tylenol and 2 Advil together 1 hour before your procedure (if you have no issues with these medications), or you may ask us about other options.
- After Care: Immediately after the laser treatment, your skin may feel warm and look pink, like a mild sunburn. Within one day, the treated brown spots will typically darken. These darker lesions will slowly flake off over the next 1-2 weeks. Do not pick or scrub the areas. Allow them to flake off on their own when they are ready. Make-up or concealer can be applied to cover up the discoloration during the healing process. However, do not forcefully scrub off the makeup if it does not come off easily. You can gently cleanse the skin with your regular soap or cleanser and your fingertips. Antibiotic ointment (Bacitracin, Polysporin or Neosporin) is not required, but can be applied if you desire. Any moisturizers or sunscreen can be applied as needed. It is important to wear a good sunscreen for 4 weeks after your treatment to ensure proper healing. Any exposure to the sun may cause the brown areas to recur.